

## NORTHEAST YOUTH BASKETBALL



### NEYBL BASKETBALL SKILLS/DRILLS Educational and Mentorship Programs "Expect to be changed"

**SINCE 2004...NEYBL Basketball** has been committed to enriching the lives of young boys and girls in the Philadelphia area. Our Educational and Mentorship components are designed to assist individuals in developing the life skills necessary to become winners on and off the court.

**Skills/Drills & Open Run  
Fox Chase Recreation Center  
7901 Ridgeway St. (at Rhawn and Ridgeway)**

**Friday 7/11 and Saturday 7/12 - First Session  
Friday 8/8 and Saturday 8/9 - Second Session**

Basketball instructions, fitness training & open runs for boys and girls **AGES 8 TO 15**

- Specialized shooting drills
- Ball handling Station
- Passing techniques
- Speed and agility drills
- Team Play: 5 ON 5 basketball "open run", our controlled pickup games

**Friday Dates: July 11<sup>th</sup> Aug 8<sup>th</sup>, 6pm to 9pm  
Saturday Dates: July 12<sup>th</sup> Aug 9<sup>th</sup>, 9am to 12noon**

**Cost: \$75 includes any 2 dates  
Reversible mesh jersey provided**

**NORTHEAST YOUTH BASKETBALL LEAGUE PARTICIPANTS CAN PAY BY VENMO-  
@HOLMES-GREGG, CASH APP - \$HFGIFUND, PAYPAL, APPLE PAY OR CASH NO CHECKS  
ACCEPTED**

**For more information, contact Gregg Holmes @ 215-909-0406**